Chili Avo

Servings: 8

Ingredients

- 5 Scoops Collagen Powder
- 1 1/2 Pounds Ground Beef
- 6 Strips of Bacon, chopped
- 1 Can Kidney Beans, drained
- 1 Can Pinto beans, drained
- 1 Can Black beans, drained
- 1 Can diced tomatoes with juice
- 1 Can Tomato paste
- 1 large Red onion, chopped
- 1 Red bell pepper, seeded and chopped
- 2 Cups Beef stock
- 1 Tablespoon Dried oregano
- 2 Teaspoons ground cumin
- 2 Teaspoons salt
- 1 Teaspoon ground black pepper
- 1 Teaspoon Smoked Paprika
- 2 Tablespoons chili powder
- 1 Tablespoon Minced garlic
- 1 Avocado
- Shredded Cheese

Instructions

- Add bacon to pot.
- Add the onions and peppers and cook until soft.
- Add the meat.
- Add all of the remaining ingredients and 3/4 of the bacon and stir to combine.
- Let simmer for 10min
- Serve with sliced avocados, limes, sour cream, cheese.